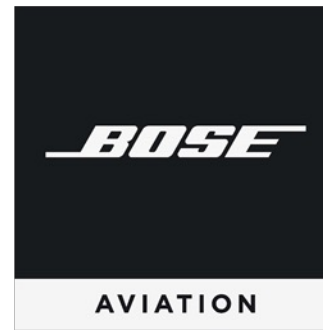


Presented by:



Supported by:



The Art of Flying IFR : Situational Awareness



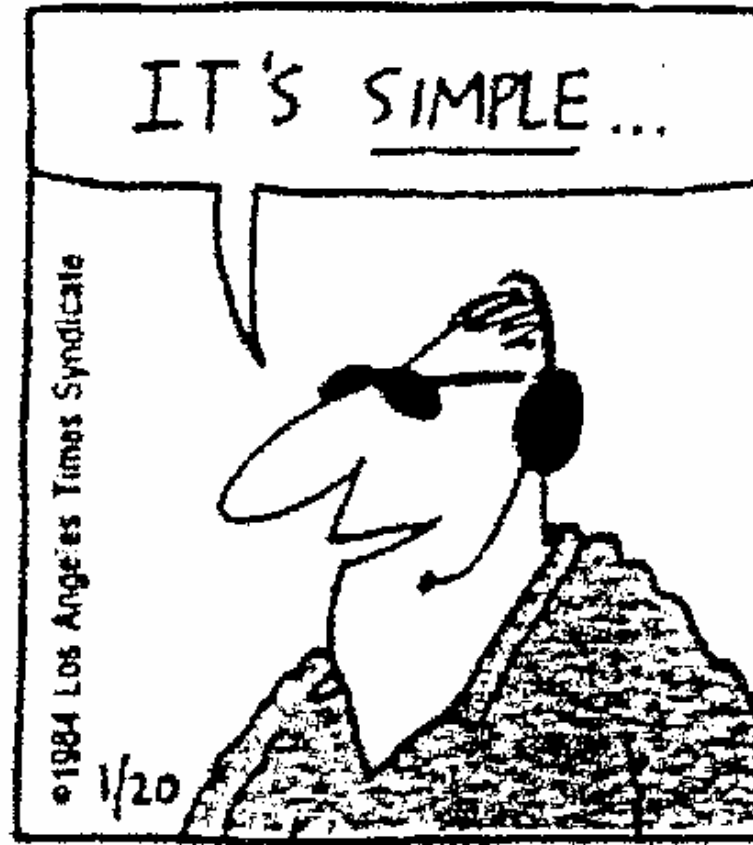
*Doug Stewart,
12X MCFI, DPE
2004 CFI of the Year
13,000+ hours dual given*



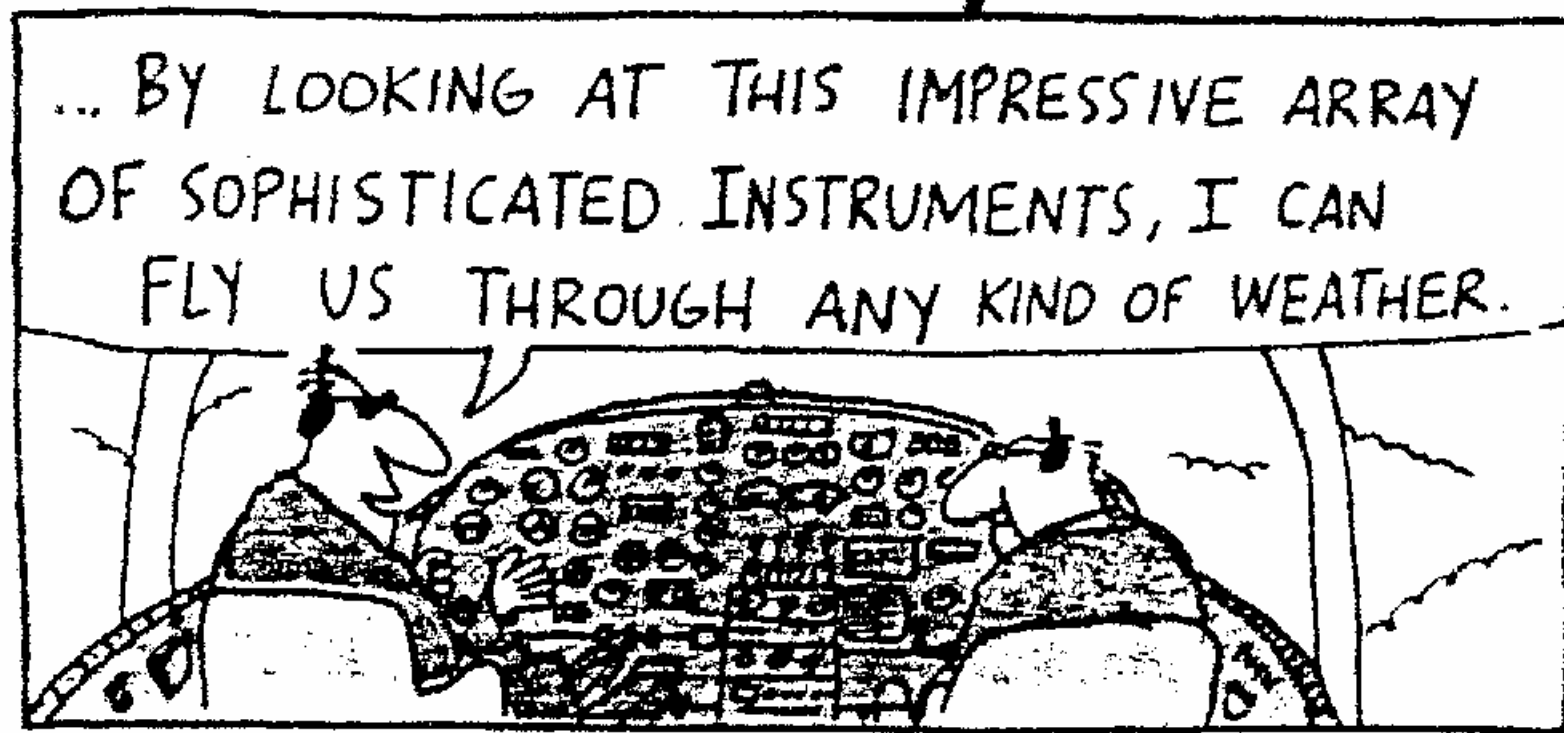
IFR Flying Defined:



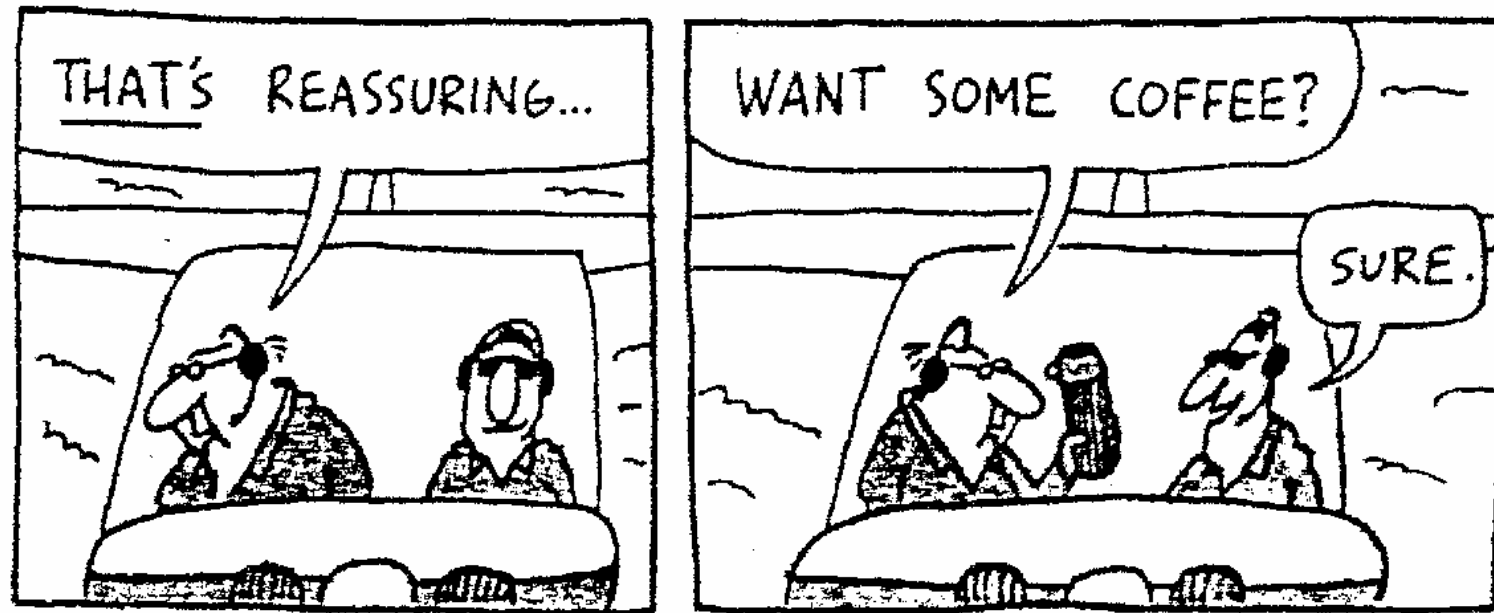
IFR Flying Defined:



IFR Flying Defined:

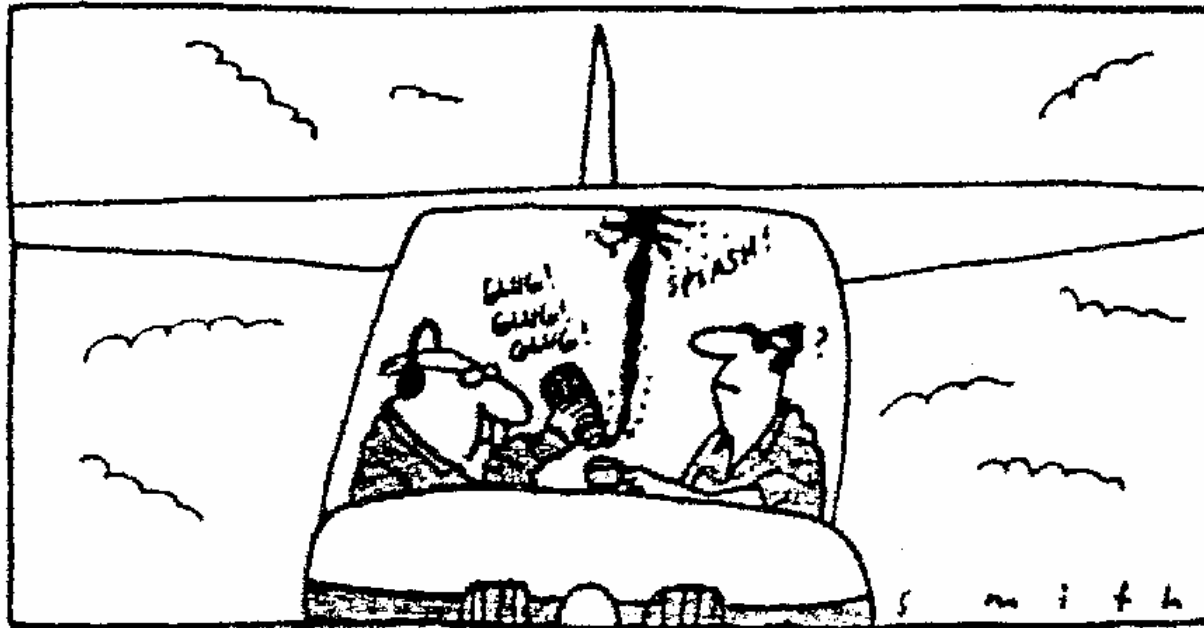


IFR Flying Defined:



IFR Flying Defined:

Hours of boredom, punctuated by moments of sheer terror on either end!



SITUATIONAL AWARENESS

MINDFULNESS

BEING IN THE MOMENT

PAYING ATTENTION

Perceive > Process > Perform

3D POSITION

- 1. Where am I ?*
- 2. What's next ?*
- 3. What has to happen?*
- 4. WHAT CAN I DO NOW ?*

SITUATIONAL AWARENESS

3D Position

Weather

Terrain

Traffic

Frequencies

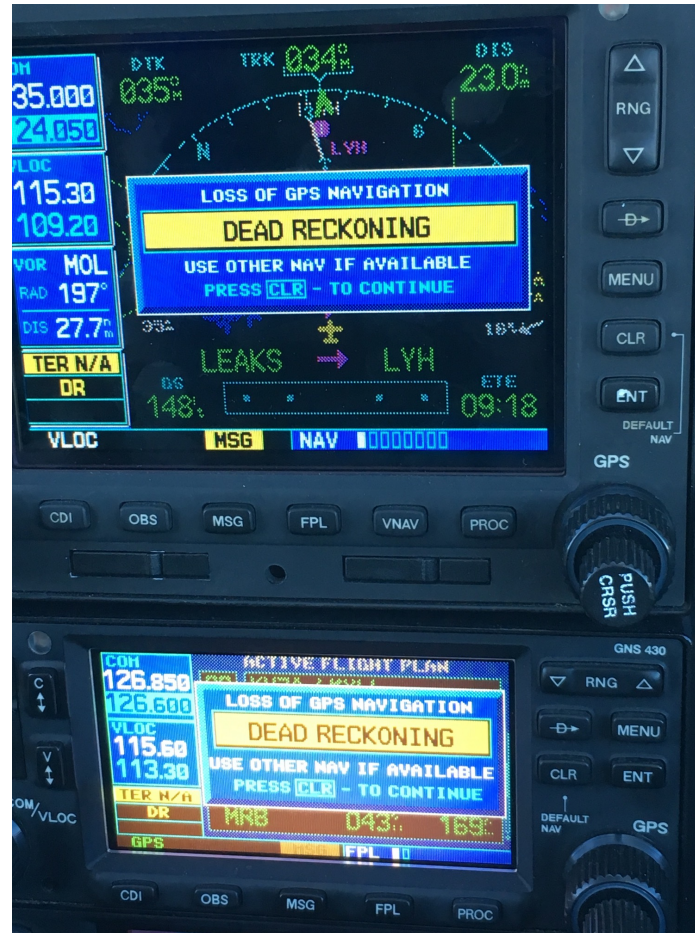
Aircraft State

Avionics State

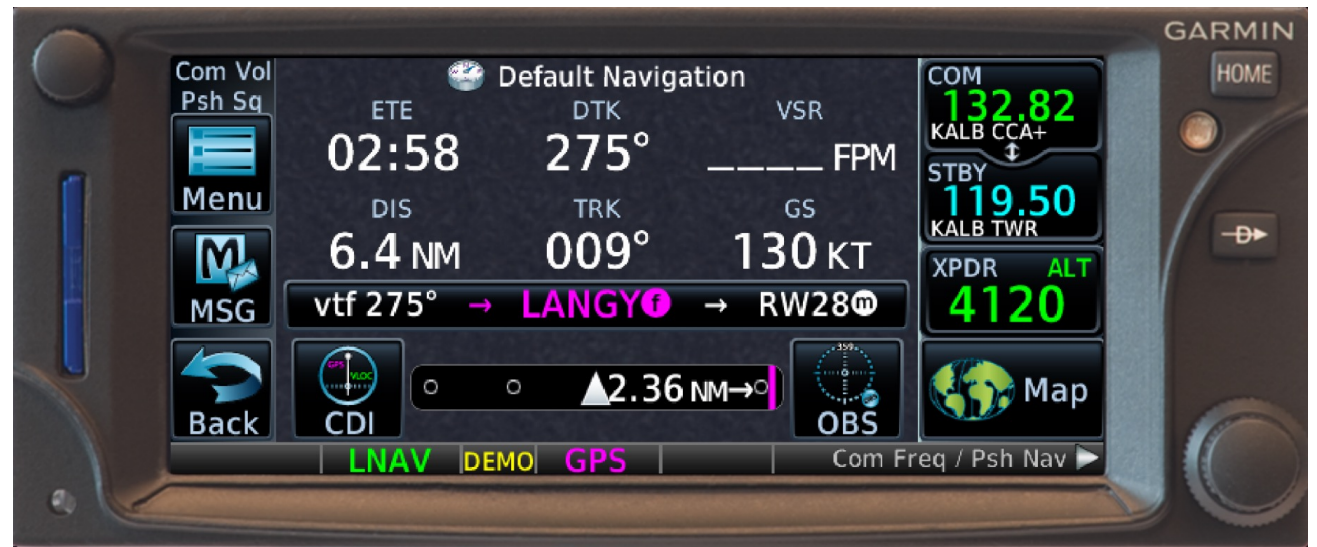
PIC State

3D POSITION

1. Where am I ?



Data vs. Map for SA



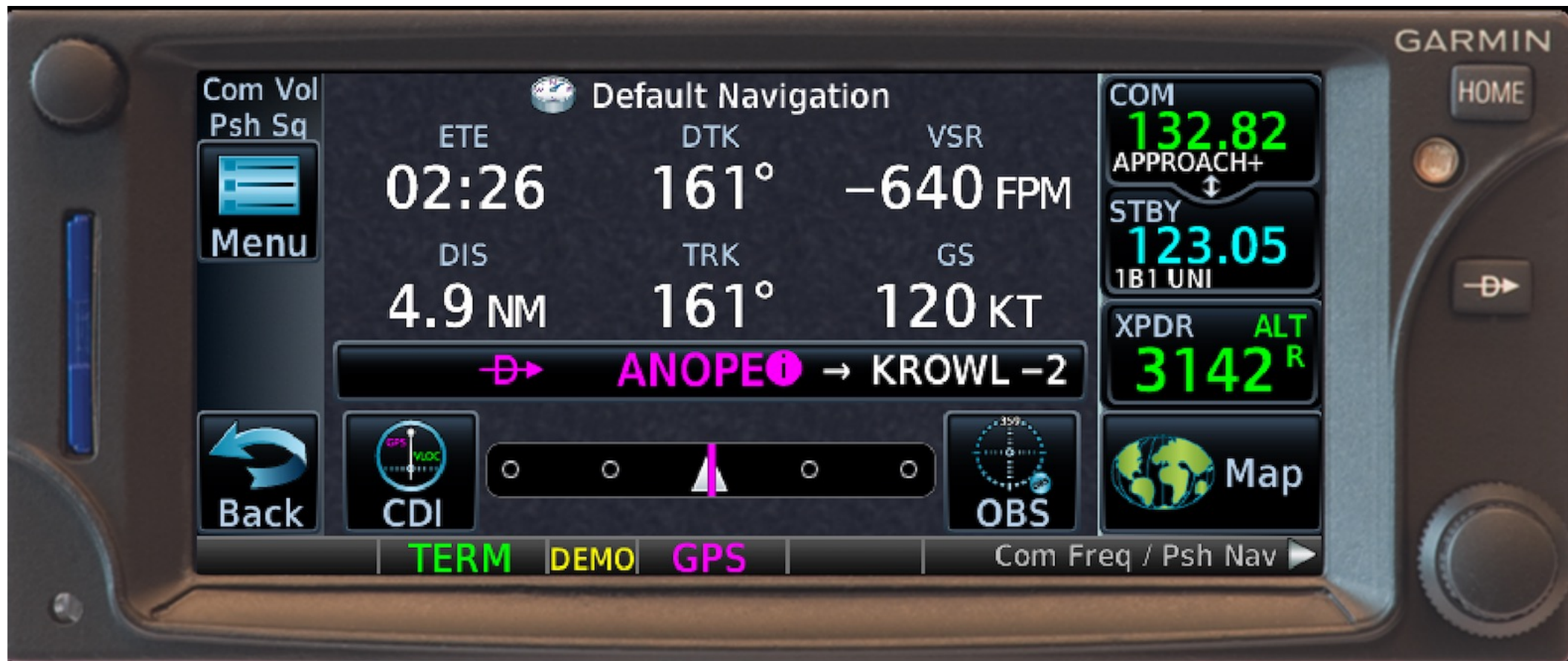
Data vs. Map for SA



Data Field Choices

- *ETE = Estimated Time Enroute*
- *DIS = Distance*
- *DTK = Desired Track (magnetic course)*
- *TRK = Track*
- *GS = Ground Speed*
- *VSR = Vertical Speed Required*

Data Field Choices



Flight Plan Waypoints

Departing into IMC what should the last waypoint in the flight plan be?

✈️ Active Flight Plan

1B1 / KAVP	ALT	DTK	DIS
LAAYK ▲	-----FT	222°	48.3 NM
Airway – T212.LVZ			
LVZ ⚙️ Wilkes Barre	-----FT	230°	15.1 NM
KAVP 🚩 Wilkes Barre Scrant	-----FT	351°	4.0 NM
Add Waypoint			

Flight Plan Waypoints

Departing into IMC what should the last waypoint in the flight plan be?

1B1 / 1B1	ALT	DTK	DIS
KAVP Wilkes Barre Scrant	5000 FT	351°	4.0 NM
1B1 Columbia Co	3300 FT	069°	107 NM
Approach – 1B1 RNAV 03 GPS LPV		APT Info	
KROWL			
HAROY	2200 FT	025°	---- NM

THE NUMBERS

*Every combination of:
Pitch, Power & Configuration
Equals
PERFORMANCE
Set it and you'll get it!*

CLIMBS

*CONSTANT RATE
OR
CONSTANT SPEED?*

V_x , V_y , Cruise

DESCENTS

*CONSTANT RATE
OR
CONSTANT SPEED?*

*ENROUTE = RATE
APPROACH = SPEED/ RATE*

THE NUMBERS

*Every Bank Angle
Referenced to Airspeed
Equals
Standard Rate Turn*

$$GS \div 10 + 5$$
$$120 \div 10 = 12 + 5 = 17^\circ$$

Weather

WHAT ARE THE RISKS?

- *ICE*
- *CONVECTION*
- *TURBULENCE*
- *CEILINGS/VISIBILITIES*
- *RUNWAY CONTAMINATION*

Weather



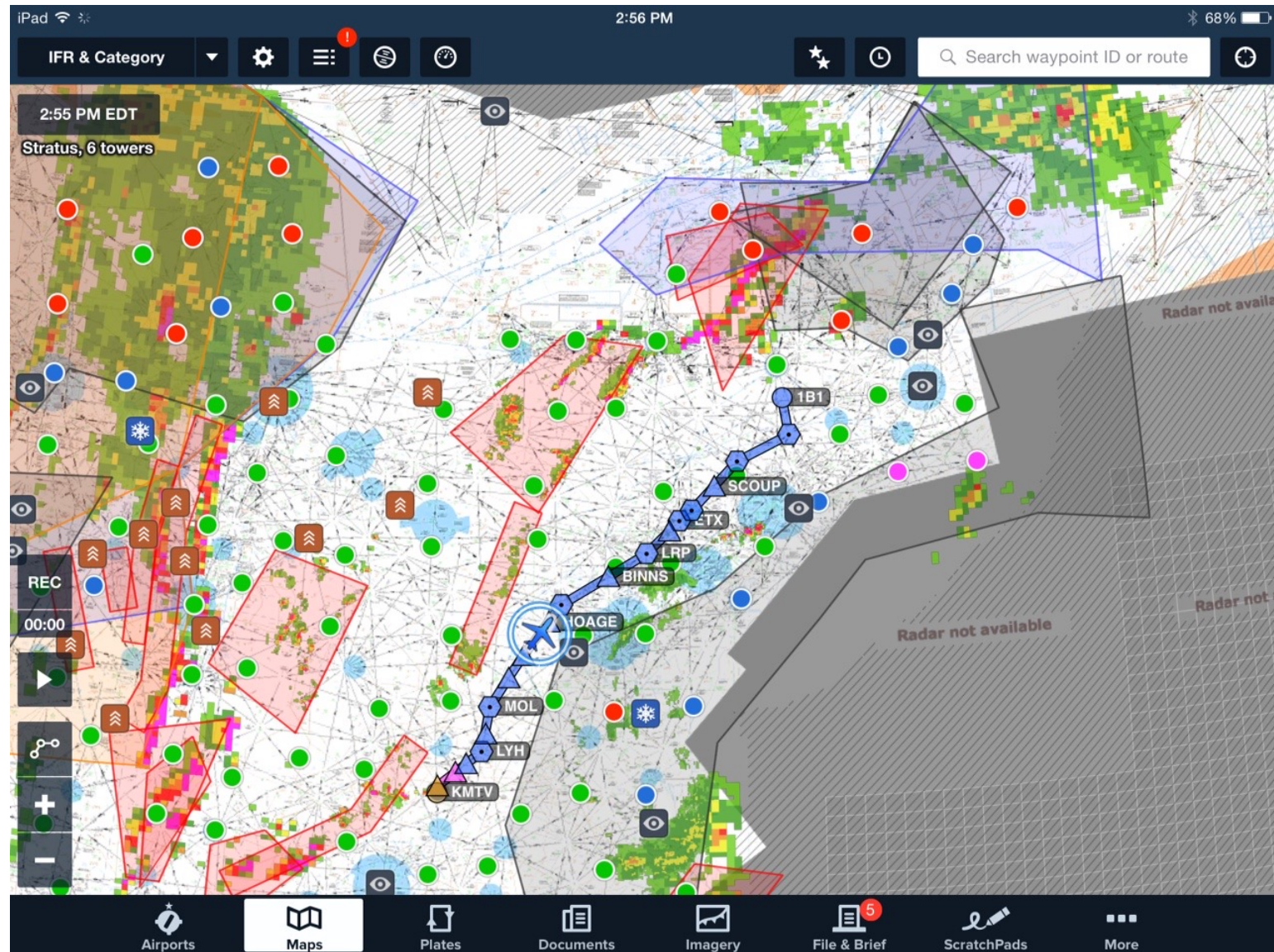
Weather



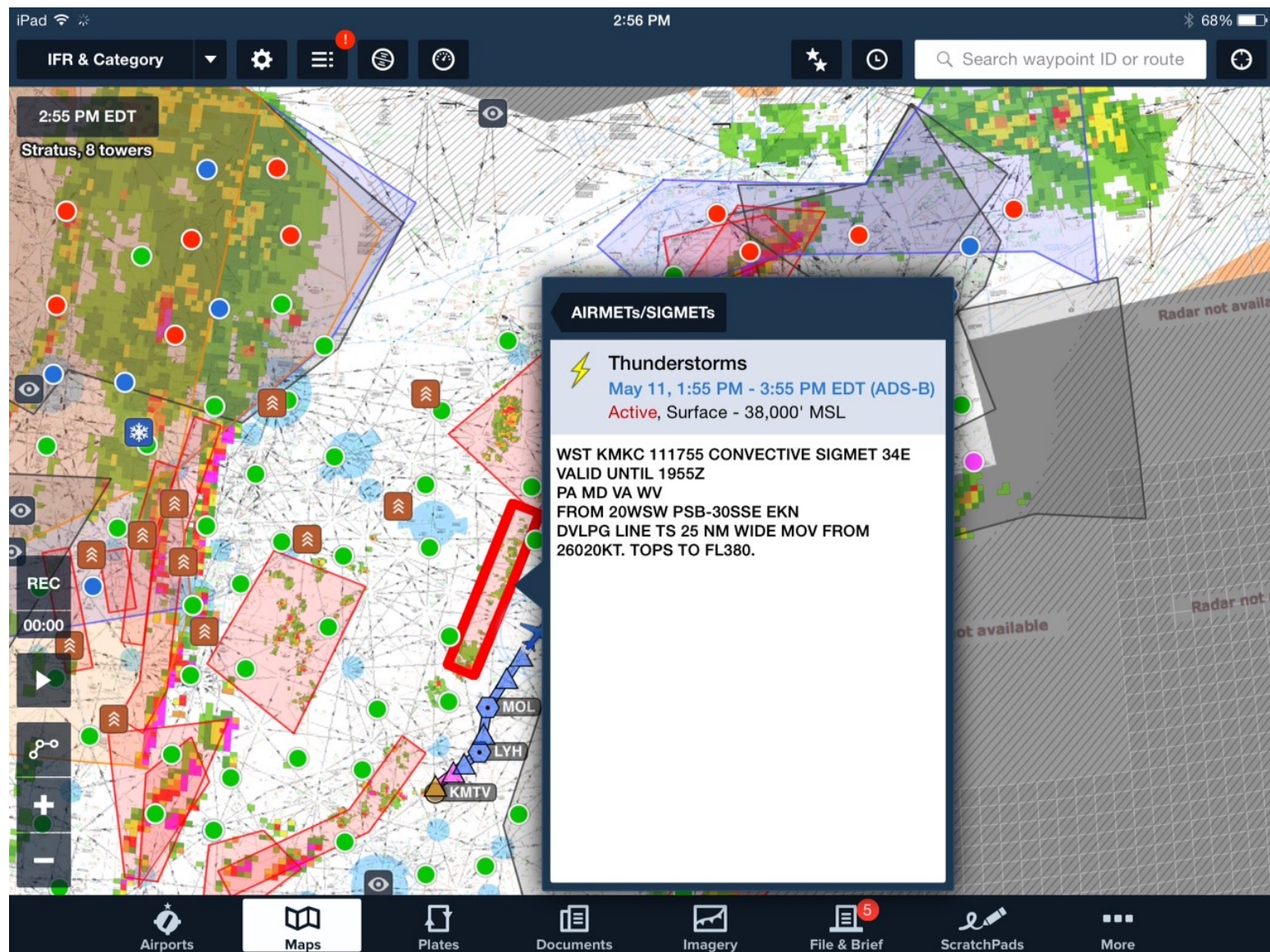
RADAR



Weather



Weather



STAYING AHEAD

HOW DO WE KNOW IF THE FORECAST IS ACCURATE ?



KEEPING AHEAD / WX

HOW DO WE KNOW IF THE FORECAST IS ACCURATE?

Fix Name Lat/Long	Morse Id Freq	Wind (kt) Temp (Celsius)	MH MC	Altitude (ft) Route	Leg (nm) Remaining (nm)	Est GS (kt)	Leg Tot	Leg Fuel (gal) Total (gal)
KISP 40°47.7' / -73°06.0'		166/025 018	107	100	36	109	00 : 21	2.0 + 5.3
HTO - Hampton 40°55.1' / -72°19.0' - --- 113.6	175/026 011	092	Direct	94		00 : 21	7.3
GON - Groton 41°19.8' / -72°03.1'	--- --- -. 110.85	176/026 011	047 040	7000 Direct	27 67	162	00 : 10 00 : 31	1.7 9.0
ORW - Norwich 41°33.4' / -71°60.0'	--- -. --- 110.0	178/027 011	029 024	7000 Direct	14 53	165	00 : 05 00 : 36	0.8 9.8
WOONS 41°57.0' / -71°30.4'		175/018 021	066 057	7000 Direct	32 21	158	00 : 12 00 : 48	1.8 11.6
KOWD 42°11.4' / -71°10.4'		160/012 026	067 061	4200 Direct	21 0	150	00 : 08 00 : 56	1.1 12.7

Terrain

- *Water*
- *Day / Night*



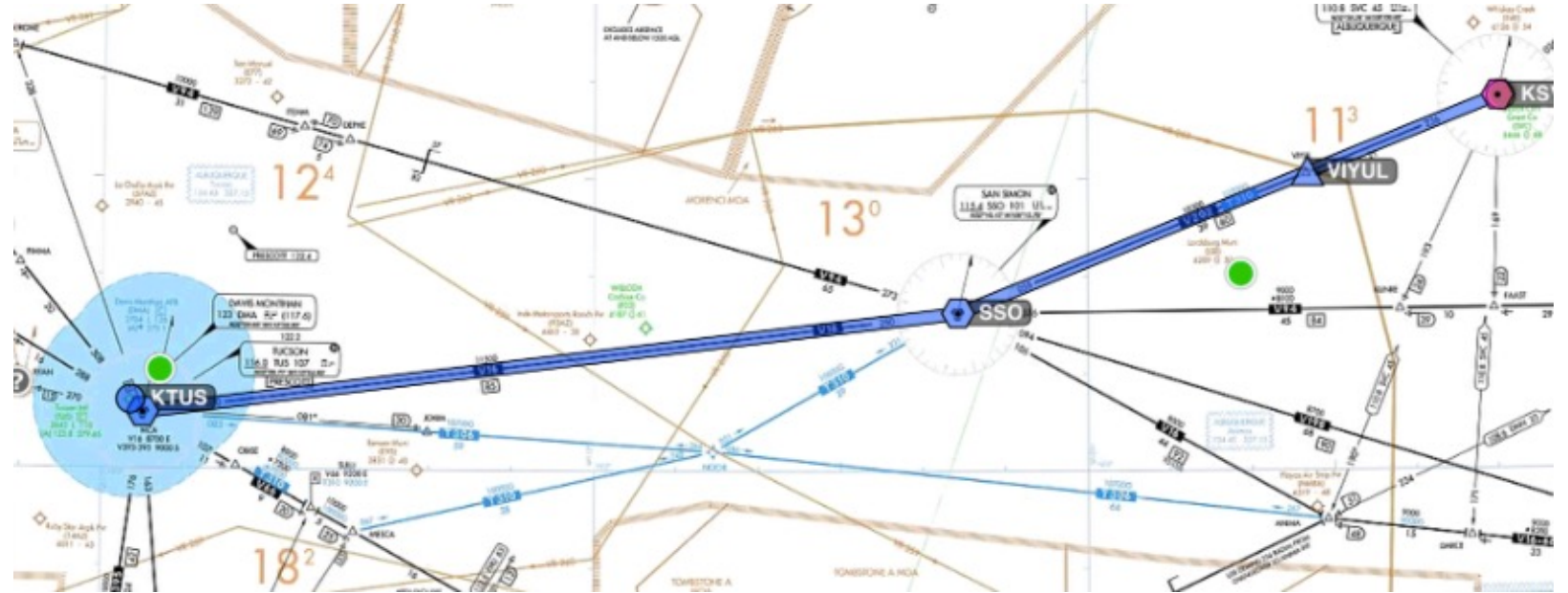
Terrain

- *Water*
- *Day / Night*



Terrain

- *Desert*
- *Day / Night*



Terrain

- *Desert*
- *Day / Night*



Terrain

- *Mountainous*
- *Day / Night*



Terrain

- *Mountainous*
- *Day / Night*



Traffic



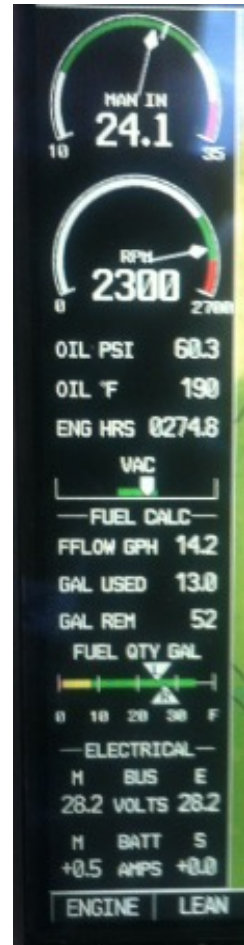
Aircraft State



Aircraft State

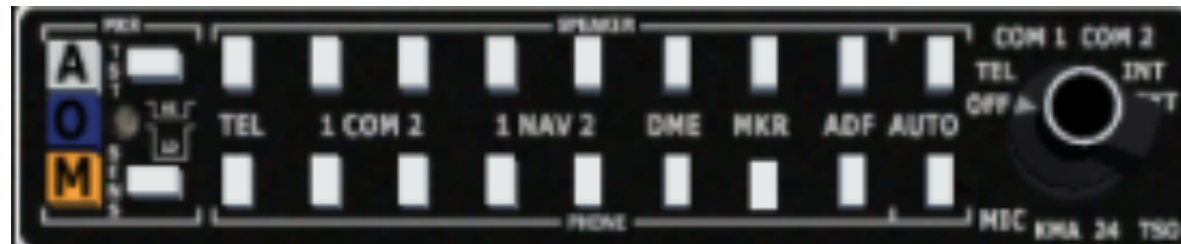


Aircraft State



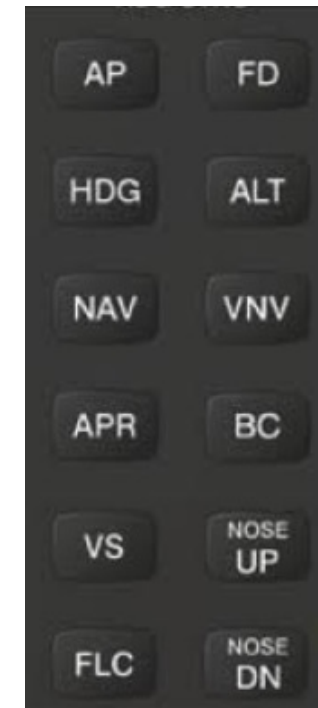
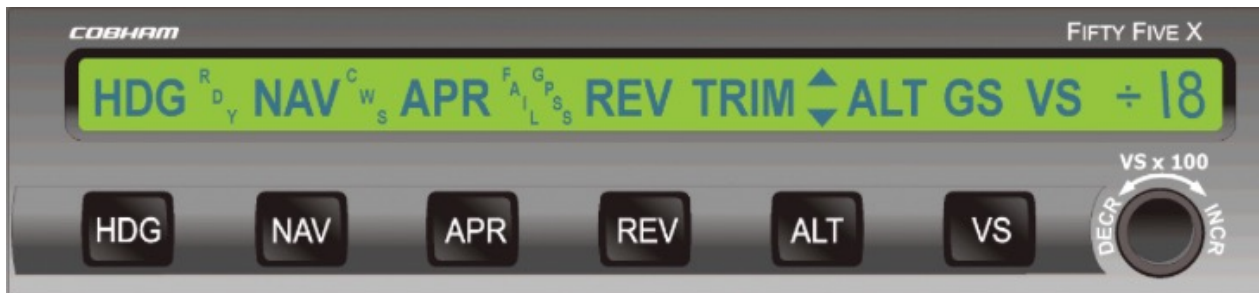
AVIONICS

- *Managing your Radios with the Audio Panel*



AVIONICS

- *Auto Pilot*



Pilot State

- *Metacognition*
- *I'M SAFERTM*

Summary

- **AWARENESS**

*Engaged with the flight:
From initial planning –
'til the airplane is back in the hangar*

Summary

- *PAY ATTENTION*
- *“BE HERE NOW”*
- *USE ALL TOOLS*
 - *HAVE FUN*

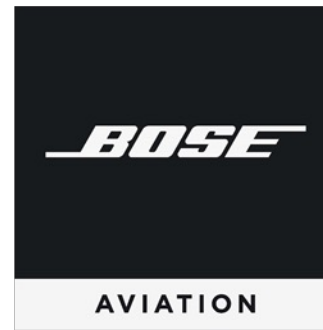
Written by:
Doug Stewart

Bringing you the:
“East Coast IFR
Experience”
“Narly New England, IFR”
“Into The SFRA, IFR”
“Canadian Maritimes, IFR”

For more information,
contact:
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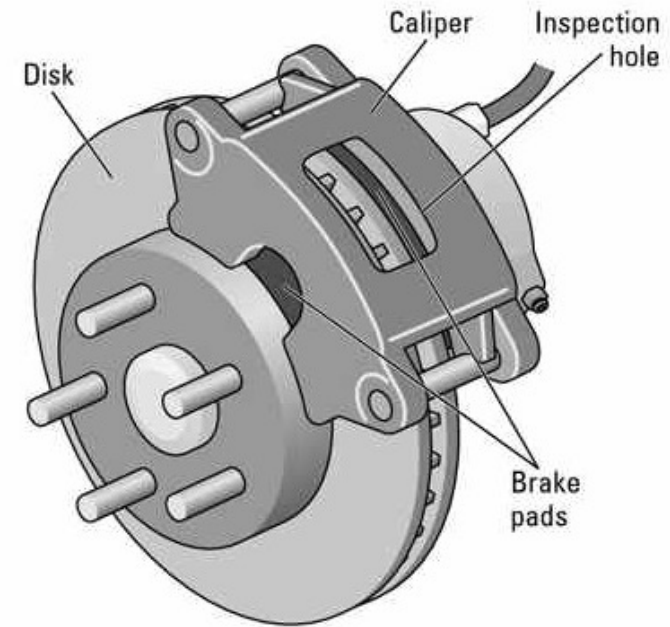
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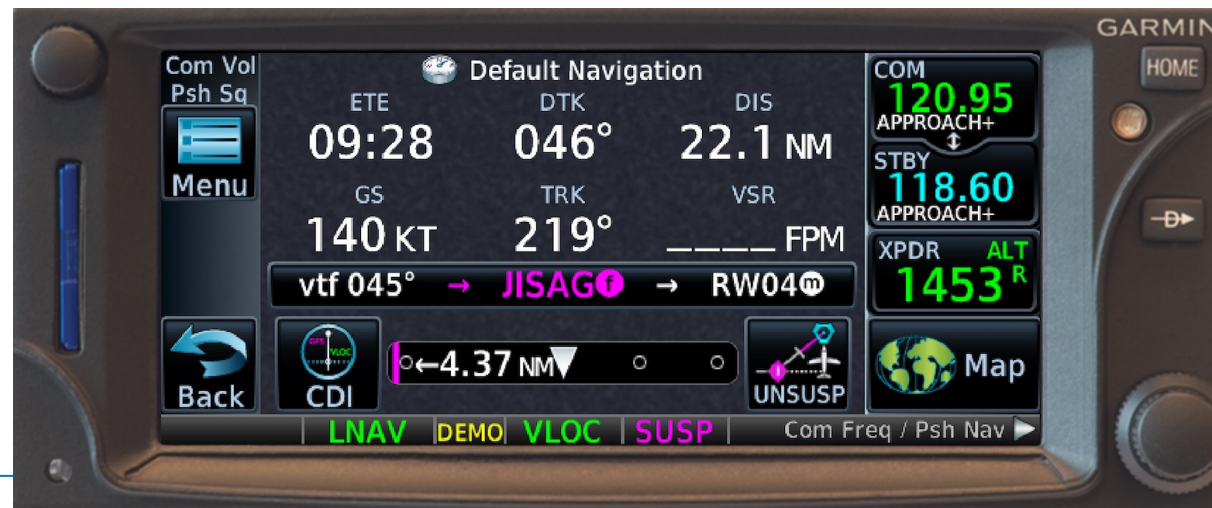
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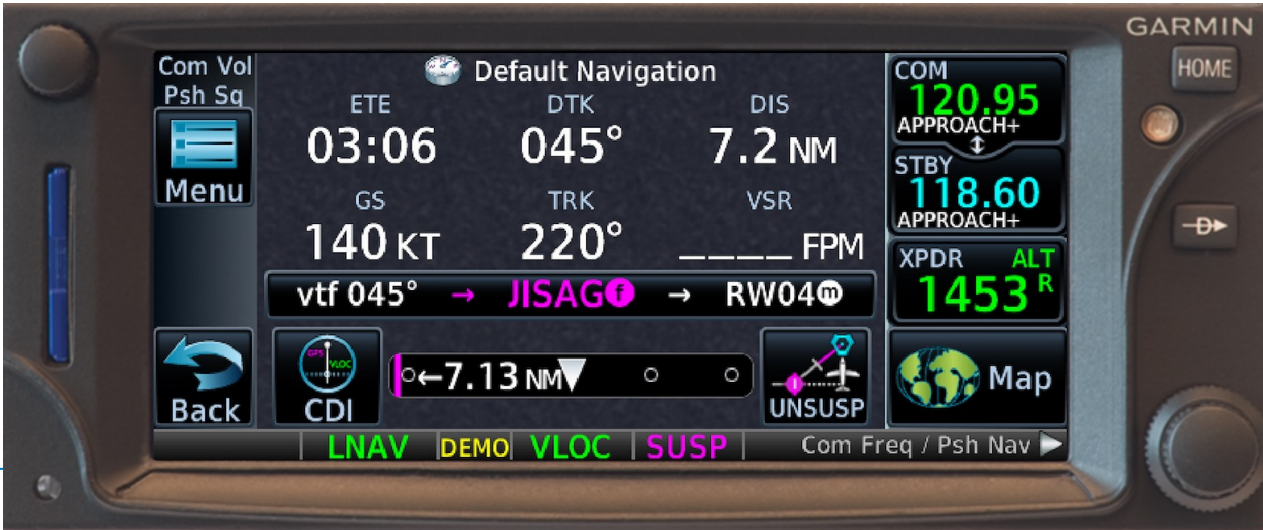


A QUIZ

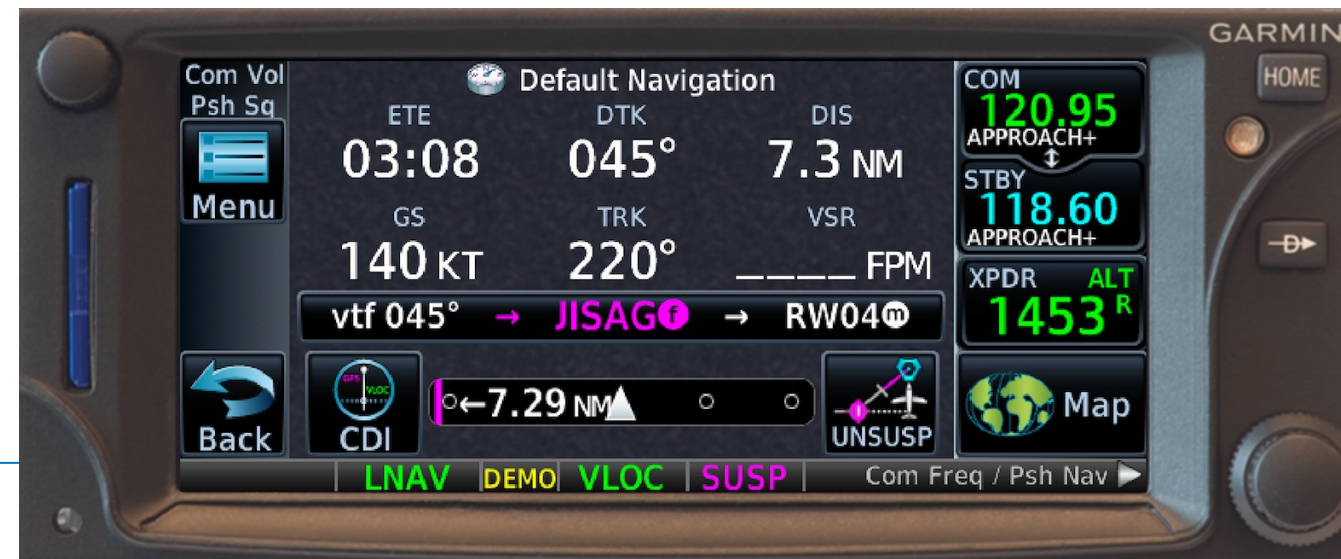


Situational Awareness

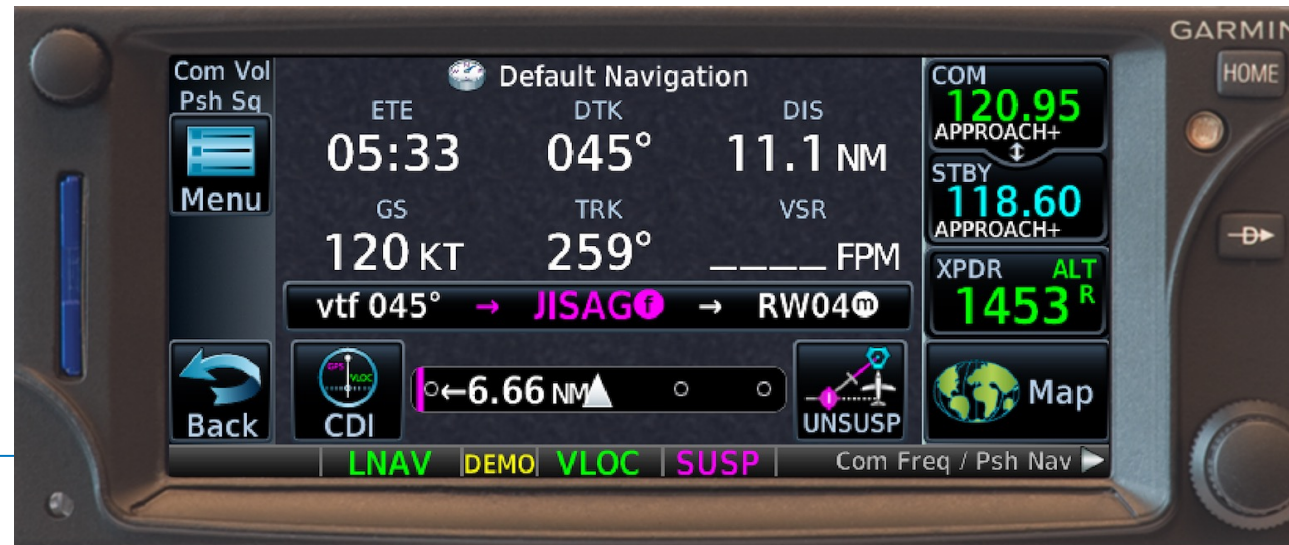




Situational Awareness



Situational Awareness



Situational Awareness

